

EXERT Summer Experience

Empowering the next generation of change makers through Extension, Education and Research. Scholars will experience a week long, hands-on activity summer camp to enhance their overall well-being.



Activities

- Swimming
- Canoeing
- Archery
- Fishing
- Hiking
- Yoga&Meditation
- Basketball
- Gaga Ball
- Campfire
- Painting
- Sewing
- Reading & Reflection
- Journal Writing
- Goal Setting
- Agriculture Activities
- STEM Academics
- Culinary Arts
- Nutrition
- Environmental Science

Contact your local
Cooperative Extension
County Agent
to **REGISTER NOW.**
Space is very limited!



Application deadline
April 30, 2019

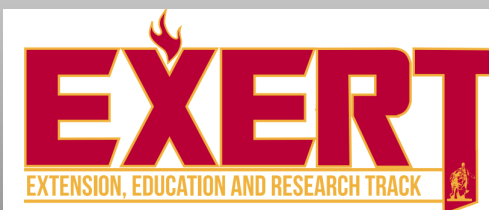
For more information regarding EXERT

Please contact Jasmine Ratliff
cisc@tuskegee.edu
334-439-0202
www.tuskegee.edu/exert

Hargis Retreat Information

928 Hargis Drive
Chelsea, AL 35043
205-678-6512
www.ymcabham.org/hargis-retreat

Published by the Tuskegee University Cooperative Extension Program. Tuskegee University offers educational programs and materials without regard to race, color, national origin, religion, sex, age, veteran status or disability. It is also an Equal Opportunity Employer.



EXERT
Summer Camp 2019
at Hargis Retreat



June 2nd - June 7th
8th & 9th graders
OR
June 9th - June 14th
5th - 7th graders

Presented by Tuskegee University
Cooperative Extension Program



Supply List

Items to bring to camp:

- Bed linen (Twin) size or sleeping bag
- Blanket
- Pillow
- Towels
- Tooth brush & paste
- Deodorant & soap
- Shower caddy
- Shower shoes
- Shampoo & conditioner
- Active wear
- Swim gear (one pieces only)
- Sunscreen

Items NOT to bring to camp:

- Jewelery/Valuables
- Any food or drinks
- Technology devices

Items provided upon arrival to camp:

- Water bottle
- EXERT T-Shirt

Requirements

Our goal is to make the summer experience extremely fulfilling at the Hargis Retreat by exposing and empowering scholars through EXERT (extension, education and research track). Achievement will require complete cooperation with camp regulations.

Things to do while at camp:

- Fully engage in all activities.
- Respect everyone and all property.
- Have fun!

Things NOT to do while at camp:

- Use cell phone during unauthorized times.
- Enter restricted areas unsupervised.

Cost of Attendance:

- **\$60** - Total cost of the camp
- Lodging and meals at Hargis Retreat
 - Breakfast
 - Lunch
 - Snacks
 - Dinner
- Field trips to McWane Science Center & Alabama Splash Adventure
 - Transportation
 - Admission
 - Lunch

Directions

Please mail all applications and payments to
Yvonne Wright 204 Morrison-Mayberry Hall
Tuskegee, AL 36088

\$60 (cash or money order) Application and Payment

Deadline: **April 30, 2019**

- **From Birmingham:**
 - Take Hwy 280 East over Double Oak Mountain into Chelsea.
 - Go past Wal-mart, then turn left onto County Rd. 39, Just before Bojangles
 - Then right onto County Rd 280.
 - Go about one mile and turn left at the YMCA Hargis Retreat sign onto County Rd 461.
 - When road splits, bear right.
 - Camp offices are on right, just past the pool.
- **From Atlanta:**
 - Take I-20 West to I-459 South.
 - Take the Hwy 280 East exit and
 - Follow directions from Birmingham.